



Name: Derek Callaway | DOB: 10/23/1981 | PCP: No PCP

## Visit Details

After Visit Summary®

**Summit Emergency**  
350 Hawthorne Avenue  
Oakland CA 94609  
Phone: 510-869-8700

### Visit Information

Date & Time	Department	Encounter #
9/25/2017 12:51 AM	Summit Emergency	881853444

## Discharge Instructions

Callaway, Derek (MR # 61963378)

### Discharge Instructions

**-Make sure to see a/your doctor in 1-3 days for a recheck. Please take copies of your tests from the Emergency Department or ask your doctor to call for records of this visit.**

**-It is very important to follow up with your doctor and it is your responsibility. You may have a disease that is too early for us to diagnose in the Emergency Department or that needs to be followed by your doctor.**

**-If you have nausea, vomiting, fevers, chills, back pain, abdominal pain, chest pain, shortness of breath, worsening of your condition, or any new or concerning symptoms, return to the Emergency Department right away.**

**-Some disease may be too early for us to detect; that's why it is important to see a doctor in 1-3 days or return to the Emergency Department if you feel worse**

**-You may receive a phone call in the next few days from an unfamiliar phone number; this is a call to check and see how you are doing since you left the Emergency Department**

**-Speak with your pharmacist about any prescribed medicines regarding their side effects and interactions. If you received pain medicines, muscle relaxants, or anxiety medicines, DO NOT DRIVE while taking these medicines as they can impair you.**

**-If you received vicodin, norco, or other pain medicines, do not take with tylenol with them as they may already have tylenol in them and you could be accidentally double dosing. Do not mix any pain medications or muscle relaxants with alcohol**

**-Ask your pharmacist about any medication interactions with your regular medicines when you pick up new medications.**

**-Official reports of x-rays obtained at night are generally available the following morning. Culture results are generally available about 72 hours after being sent to the lab. If you had x-rays done at night or have cultures or other tests pending, you can call between 9:30AM to 5:00PM (best time to call is from 9:30-10:00AM) for results. If seen at:**

**Alta Bates (Ashby/Berkeley ED) - call 510-204-5028**  
**Summit (Oakland ED) - call 510-655-4000 ext. 4477**

**For copies of your records or other records requests, we refer you to call ABSMC Medical Records:**

**Alta Bates (Ashby/Berkeley) 510-204-1440**  
**Summit (Oakland) 510-869-6545.**

**If you do not have a primary care doctor and wish to arrange for one, please call 510-869-6777 to speak with a Health Match Physician Referral representative.**

**Today your blood pressure was 151/96. A blood pressure under 120/80 (both numbers) is normal. If your blood pressure was 120/80 (either number) or higher, we recommend lifestyle changes (weight loss, exercise, decreased alcohol consumption, and a diet low in salt and fat and high in fiber) and to have your blood pressure rechecked within 1 year. If your blood pressure was 140/90 (either number) or higher, we recommend we recommend lifestyle changes and to call your primary care physician (or a clinic - see list) tomorrow to schedule a blood pressure recheck within 2 weeks. If have have had a second blood pressure reading of 140/90 (either number) or higher, your follow up should include medications for blood pressure, blood tests and an EKG.**

### Community Clinics List:

Alameda County Medical Center HIGHLAND Clinics, (510) 437-8500, 1411 East 31st St, Oakland, **NOTE: If you are uninsured, please call Highland financial counseling 510-437-4961 to help start the process to obtain a clinic appointment.**

Antioch Health Center, (925) 427 8775, 3505 Lone Tree Way, 1<sup>st</sup> Floor, Antioch  
Asian Health Services, (510) 986-6800, 818 Webster St, Oakland  
BAART Community HealthCare, (510) 232-0874, 1313 Cutting Blvd, Richmond  
Bay Point Family Health Center, (877) 9054545, 215 Pacific Ave, Bay Point  
Berkeley Free Clinic, (510) 548-2570, 2339 Durant Ave, Berkeley  
Berkeley Health Center for Women & Men, (510) 843-6194, 2908 Ellsworth St, Berkeley  
Berkeley Mental Health Clinic, (510) 981-5290, 2640 Martin Luther King Way, Berkeley  
Berkeley Public Health Clinic, (510) 981-5350, 830 University Ave, Berkeley  
Brentwood Health Center, (925)757-5496, 171 Sand Creek Rd, Suite A, Brentwood  
Brighter Beginnings Family Health, (510) 213-6681, 2727 Macdonald Ave, Richmond. Rotacare Free Clinic at Brighter Beginnings, (510) 213-6678  
Concentra Richmond Urgent Care, (510) 222-8000, 2970 Hilltop Mall Rd, Richmond  
Concord Health Center, (925) 646 5535, 3052 Willow Pass Rd, Concord  
Contra Costa Regional Medical Center, (925) 370 5000, 2500 Alhambra Ave, Martinez  
East Oakland Health Center, (510) 430-9401, 7450 International Blvd., Oakland  
Eastmont Wellness Center, (510) 577-5668, 6955 Foothill Blvd, Oakland  
James Watson Wellness Center, (510)444-9460, 5709 Market St, Oakland  
La Clinica - Fruitvale, (510) 535-4000, 1515 Fruitvale Ave, Oakland  
La Clinica - San Antonio Health Center, 510-238-5400, 1030 International Blvd, Oakland  
LifeLong - Berkeley Primary Care Access, (510) 204-4666, 2001 Dwight Way, Berkeley  
LifeLong - Brookside Richmond, (510) 215-5001, 1030 Nevin Ave, Richmond  
LifeLong - Brookside San Pablo, (510) 215-9092, 2023 Vale Road, San Pablo  
LifeLong - Downtown Oakland, (510) 451-1273, 616 16th Street, Oakland  
LifeLong - East Oakland, (510) 563-4300, 10700 MacArthur Blvd, Suite 14B, Oakland  
LifeLong - Howard Daniel Clinic, (510) 981-4100, 9933 MacArthur Blvd, Oakland  
LifeLong - Dr. Jenkins Pediatrics, (510) 237-9537, 120 Broadway, Ste 4, Richmond  
LifeLong - Over 60s Health Center, (510) 601-6060, 3260 Sacramento St, Berkeley  
LifeLong - Richmond, (510) 233-2514, 2600 Macdonald Ave, Ste B, Richmond  
LifeLong - San Pablo Urgent Care, (510) 231-9800, 2023 Vale Road, San Pablo  
LifeLong - West Berkeley Family Practice, (510) 704-6000, 2031 Sixth St, Berkeley  
Martinez Health Center, (925) 370-5000, 2500 Alhambra Ave, Martinez  
Native American Health Center, (510) 535-4400, 2950 International Blvd, Oakland  
North Richmond Center for Health, (877) 905 4545, 1501 Fred Jackson Way, Richmond  
Order of Malta Free Clinic, (510)587-3000, 2121 Harrison St, #101, Oakland  
Pittsburg Health Center, (925) 757 5496, 2311 Loveridge Rd, Pittsburg  
Richmond Health Center, (877) 905-4545, 100 38th Street, Richmond  
Sutter Berkeley Urgent Care, (510) 204-5514, 2500 Milvia St., Berkeley  
West County Health Center, (510) 231-9400, 13601 San Pablo Ave, San Pablo  
West Oakland Health Center, (510) 835-9610, 700 Adeline St, Oakland

**If you do not have a primary care doctor and wish to arrange for one, please call (510) 869-6777 to speak with a Health Match Physician Referral representative. Contra Costa residents can also visit [www.cchealth.org](http://www.cchealth.org) or call 2-1-1.**

**\*\*\*COVID-19 Safety Notice:** For your follow-up visits, please come alone. You may bring someone if you need help with safely moving or communicating with your care team. Temperature screening, face masks, and 6-foot distancing are required to enter the building. If you do not have a mask, we will provide one.\*\*\*